



2007

2017

10 YEARS & GROWING

ANNUAL REPORT 2016-2017

FASD
South East Alberta
Fetal Alcohol Network
www.seafan.ca



AREA

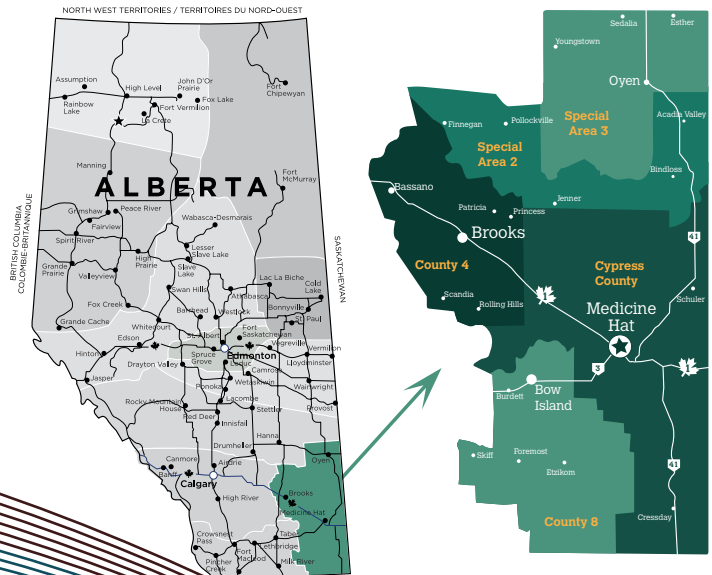
The South East Alberta FASD Network Society is recognized by the provincial government as one of 12 regional Networks that make up the service delivery arm of the provincial initiative. SEAFAN's catchment area includes the following communities and surrounding rural areas: Cypress County, Medicine Hat, Redcliff, County of Forty Mile, Bow Island, Foremost, Newell County, Brooks, Bassano, Acadia District, Empress, Special Areas 2, 3, 4, Oyen, and Duchess with a total population of approximately 111,107.

VISION

To align with the Government of Alberta's mission to provide leadership and work collaboratively with partners and support community stakeholders to provide FASD services, information and awareness in South East Alberta.

MISSION

Supports are available, accessible and meaningful to every person affected by FASD.



Message from the Co-Chair

NETWORK SOCIETY BOARD OF DIRECTORS

Marlene Cadotte, Co-Chair
Miywasin Society

**Lee Anne Charbonneau,
Director**
John Howard Society

Jackie Sehn, Director
Medicine Hat School District #76

Justin Boodhoo, Director
Alberta Health Services

Deanna Glenn, Director

**NETWORK
SUPPORT STAFF**
(non-voting members/stakeholders)

Myrna Stark
SEAFAN Coordinator
403-548-2963
myrna@sandflymarketing.ca

Shanna Mawer
SEAFAN Coordinator Support
403-548-2963
admin@seafan.ca

Rod DeVries
Prevention Conversation Facilitator
403-458-0456 • rod@efsc.ca

Lori Eiserman
SEAFAN Bookkeeper/Banker
lori@eiserman.ca

It is with great pride that I act as Co-Chair of the SEAFAN Board of Directors. In my five years with the Board, I have seen encouraging growth in the impact that the Network has made in our south east Alberta communities. SEAFAN consistently hears and responds to the needs in our community through its grassroots approach and welcomes service providers, partners and interested stakeholders to bring their needs forward.

The 2016-2017 year at SEAFAN has been one of steady progress towards our mission: to make supports available, accessible and meaningful to every person affected by FASD. Our sincere and hardworking partners and stakeholders have continued to work with us to provide services, spread awareness and information about FASD in southeastern Alberta and to help share the prevention message. We celebrate our progress alongside our partners but also recognize that much work lies ahead of us. This year was the last of the 10 Year Strategic Plan which provided the framework for FASD networks in Alberta to grow and evolve. The upcoming year will be guided by renewed strategies, the addition of an Adolescent Prevention Conversation Coordinator and a further collaborative spirit within our strong relationships.

Please take a moment to review the contents of the SEAFAN 2017 Annual Report. You will see many successes but will also get a sense of the work that still needs to be done. The SEAFAN Society consists of committed, hardworking members, staff and partners who I am delighted to have worked with the past few years. I am thankful for their insight, commitment and expertise!

My wish for 2017-2018 is for us to continue to educate, serve and see progress towards supporting those affected by FASD and to do all we can to continue to spread the prevention message. We have come a long way in the past 10 years when we started with 2 programs and served 32 clients per year to where we now have 7 programs and serve 363 clients in 2016-17! Let's all be part of this important work! If you are interested in becoming involved with SEAFAN, please contact us.

Marlene Cadotte

*Marlene Cadotte, Co-Chair
SEAFAN Society Board of Directors*

10 Year Review



ALBERTA'S FASD 10-YEAR STRATEGIC PLAN (2007-2017)

Recognizing the devastating personal and societal costs of FASD, the Government of Alberta (GOA) initiated a 10-Year Strategic Plan in 2007, which prescribed the core strategic direction for its province-wide FASD response. The vision was to develop a comprehensive and coordinated response to FASD across the lifespan and a continuum of services that is respectful of individual, family and community diversity. As a result, the provincial Networks were formed by 2008-2009.

That is where we started. Now let's look at where we've come...

2008–2009 » YEAR 2

Total Funds received \$141,240 (2.5 FTE)

1. Adult Mentorship Program – REDI Enterprises (1 FTE)
2. Brooks Diagnostic Assessment Coordinator – Bridges (1 FTE)
3. Network Coordinator – Myrna Stark (.5 FTE)

2009–2010 » YEAR 3

Total Funds received \$605,179 (6.03FTE)

(Based on a 15 month fiscal year to catch up with the GOA fiscal periods)

1. Adult Mentorship Program – REDI Enterprises (1 FTE)
2. Brooks Diagnostic Assessment Coordinator – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (2.28 FTE)
5. FASD Youth Mentor – McMan Community Services (1 FTE)
6. Network Coordinator – Myrna Stark (.75 FTE)
7. Banker – McMan in SE (Fee for Service)

2010–2011 » YEAR 4

Total Funds Received \$484,143 (5.03 FTE)

1. Adult Mentorship Program – REDI Enterprises (1 FTE)
2. Children's Fetal Alcohol Services Clinic Coordinator Consultant – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.28 FTE)
5. FASD Youth Mentor – McMan Community Services (1 FTE)
6. Network Coordinator – Myrna Stark (.75 FTE)
7. Banker – McMan in SE (Fee for Service)

2011–2012 » YEAR 5

Total Funds Received \$484,143 (5.03 FTE)

1. Adult Mentorship Program – REDI Enterprises (1 FTE)
2. Children's Fetal Alcohol Services Clinic Coordinator Consultant – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.28 FTE)
5. FASD Youth Mentor – McMan Community Services (1 FTE)
6. Network Coordinator – Myrna Stark (.75 FTE)
7. Banker – McMan in SE (Fee for Service)

2012–2013 » YEAR 6

Total Funding Received \$649,134.36 (6.08 FTE)

1. Adult Mentorship Program – REDI Enterprises (1 FTE)
2. Children's Fetal Alcohol Services Clinic Coordinator Consultant – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.28 FTE)
5. First Steps (PCAP) Brooks – SPEC (0.6 FTE)
6. FASD Youth Mentor – McMan Community Services (1 FTE)
7. FASD Adult Transition – McMan Community Services (.2 FTE)
8. Network Coordinator – Myrna Stark (1 FTE)
9. Banker – McMan in SE (Fee for Service)
10. Network Development and Data Collection (5 year evaluation)

2013–2014 » YEAR 7

Total Funding Budgeted \$660,094 (6.44 FTE)

1. Adult Mentorship Program – REDI Enterprises (1 FTE)
2. Children's Fetal Alcohol Services Clinic Coordinator Consultant – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.28 FTE)
5. First Steps (PCAP) Brooks – SPEC (0.8 FTE)
6. FASD Youth/Adult Mentor – McMan Community Services (1.5 FTE)
7. Network Coordinator – Myrna Stark (0.86 FTE)
8. Banker – McMan in SE (Fee for Service)
9. Network Development and Data Collection (5 year evaluation)

2014–2015 » YEAR 8

Total Funding Budgeted \$859,276.66 (7.79 FTE)

1. Adult Mentorship Program (including PDSI Funding) – REDI Enterprises (2 FTE)
2. FASD Assessment and Support Services – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.39 FTE)
5. First Steps (PCAP) Brooks – SPEC (1 FTE)
6. FASD Youth/Adult Mentor – McMan Community Services (1.5 FTE)
7. Network Coordinator – Myrna Stark (0.9 FTE)
8. Banker – McMan in SE (Fee for Service)

Additional Grant Funding \$99,420.23

Adult Diagnostic Clinic – Bridges (1year grant funding)

2015–2016 » YEAR 9

Total Funding Budgeted \$859,276.66 (8.79 FTE)

1. Adult Mentorship Program (including PDSI Funding) – REDI Enterprises (2 FTE)
2. FASD Assessment and Support Services – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.39 FTE)
5. First Steps (PCAP) Brooks – SPEC (1 FTE)
6. FASD Youth/Adult Mentor – McMan Community Services (1.5 FTE)
7. Network Coordinator – Myrna Stark (0.9 FTE)
8. Banker – McMan in SE (Fee for Service)

Additional Grant Funding \$56,250.00

Prevention Conversation Facilitator (funding for 9months)

2016–2017 » YEAR 10

Total Funding Budgeted \$859,276.66 (8.79 FTE)

1. Adult Mentorship Program (including PDSI Funding) – REDI Enterprises (2 FTE)
2. FASD Assessment and Support Services – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.39 FTE)
5. First Steps (PCAP) Brooks – SPEC (1 FTE)
6. FASD Youth/Adult Mentor – McMan Community Services (1.5 FTE)
7. Network Coordinator – Myrna Stark (0.9 FTE)
8. Banker – Lori Eiserman Bookkeeper, Auditor MNP

Additional Grant Funding \$75,000.00

Prevention Conversation Facilitator

END OF GOA'S 10 YEAR PLAN

Moving forward into...

2017–2018 » YEAR 11

Total Funding Budgeted \$939,276.66 (8.79 FTE)

1. Adult Mentorship Program (including PDSI Funding) – REDI Enterprises (2 FTE)
2. FASD Assessment and Support Services – Bridges (1 FTE)
3. Psychological Analysis in Diagnostic Assessment – Bridges (Fee for Service)
4. First Steps (PCAP) – Bridges (1.39 FTE)
5. First Steps (PCAP) Brooks – SPEC (1 FTE)
6. FASD Youth/Adult Mentor – McMan Community Services (1.5 FTE)
7. Network Coordinator – Myrna Stark (0.9 FTE)
8. Banker – Lori Eiserman Bookkeeper, Auditor MNP
9. Prevention Conversation Facilitation (Adult and Adolescent Project) – (1 FTE)

10 Milestones

2008 SEAFAN served 32 people; in 2017 it served 363

2010 Follow-up FASD psych assessments for more than 20 students
in all 3 school districts

2011 Sent 6 caregivers to the International FASD conference in Vancouver

2012 Mocktails campaign added

2013 Data management system developed. PCAP program in Brooks created

2014 SEAFAN gains society status

2015 Prevention Facilitator - Let's Talk campaign added

2016 Social media and blog presence. Adult assessments built into existing services

2017 Strong, collaborative community connections

2018 New adolescent prevention conversation facilitator to join the team

Service Providers



Retrospective 10 YR PLAN Strategies

Government of Alberta FASD 10-Year Strategic Plan 2008 www.fasd.alberta.ca

AWARENESS AND PREVENTION

Awareness and prevention services are those that educate and inform about the risks of drinking alcohol while pregnant, the effects of FASD, as well as those services that increase overall awareness about healthy pregnancy. Consideration is required to ensure awareness and prevention services are culturally-appropriate for Aboriginal and other communities including:

- Information • Universal Prevention • Targeted Prevention • Indicated Prevention • Treatment

ASSESSMENT AND DIAGNOSIS

"Assessment and diagnostic services include medical, cognitive, behavioural, communication, adaptive and executive functioning information provided by a multi-disciplinary team trained in the current best practice model. Referrals to the team require the history of prenatal alcohol exposure and areas of suspected dysfunction."

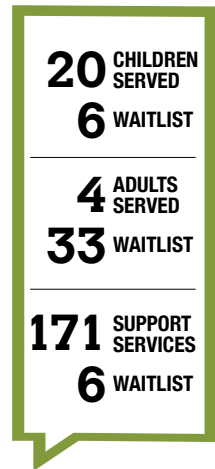
– Dr. Gail Andrew

Assessment and diagnosis services may or may not lead to a confirmed diagnosis of full Fetal Alcohol Syndrome, partial Fetal Alcohol Syndrome, Alcohol Related Neurodevelopmental Disorder or Alcohol-Related Birth Defects.

FASD ASSESSMENT & SUPPORT SERVICES BRIDGES FAMILY PROGRAMS



The Diagnostic Assessment Coordinator/ Consultant coordinates the existing FASD multidisciplinary diagnostic and assessment team and provides consultative services and support to families during and after assessment. The Consultant centers on bringing together professional knowledge and expertise to focus on the particular needs of those with neuro-behavioral disorders like FASD and coordinates all components of the assessments such as the psychological, speech-language pathology, occupational therapy and the physician assessments.



Service Pillar	Base Line	Target	Q1	Q2	Q3	Q4	Year End
A/D (PEDIATRIC)	28	24	6	4	4	6	20
A/D (ADULT)	0	4	0	2	2	0	4
S	143	150	53	53	75	75	171

FIRST STEPS (PCAP) BRIDGES FAMILY PROGRAMS



The PCAP (Parent Child Assistance Program) Model has the ability to support women who:

- 1) are pregnant or up to 6 months postnatal;
- 2) are experiencing issues with alcohol and/or drug use;
- 3) lack connections to community supports and resources.

This program is not age dependent and is designed for a mother to be supported for up to 3 years after giving birth. This provides support into the home where there may also be other children affected by FASD.

Service Pillar	Base Line	Target	Q1	Q2	Q3	Q4	Year End
P	13	15	19	19	13	13	11

FASD Youth Mentor/Adult Transition MCMAN COMMUNITY SERVICES



18 CLIENTS
SERVED
7 WAITLIST

Supports to individuals ages 10 – 22 years old.

The Youth Mentor/Adult Transition provides:

- Crisis intervention and counselling
- Ensuring basic needs are met (housing, clothing, food)
- Skill building youth work – decision making, budgeting, living skills
- Parent/teen mediation
- Advocacy / Building natural and community supports

Service Pillar	Base Line	Target	Q1	Q2	Q3	Q4	Year End
S	17	17	12	12	11	12	18

Adult Coaching/Mentoring and Advocacy REDI ENTERPRISES



48 CLIENTS
SERVED
20 WAITLIST

The Adult Coaching/Mentoring and Advocacy program enhances existing services that prepare individuals for adulthood. Supporting the transition to adulthood and remaining involved until such time that a satisfactory support system is in place for the individual is the primary goal. This service will continue to increase its geographic area to include Brooks and the surrounding rural areas around both Brooks and Medicine Hat.

Service Pillar	Base Line	Target	Q1	Q2	Q3	Q4	Year End
S	48	30	48	45	43	41	43

SPEC First Steps (PCAP) SPEC ASSOCIATION



8 CLIENTS
SERVED
0 WAITLIST

The PCAP (Parent Child Assistance Program) Model has the ability to support women who:

- 1) are pregnant or up to 6 months postnatal;
- 2) are experiencing issues with alcohol and/or drug use;
- 3) lack connections to community supports and resources.

This program is not age dependent and is designed for a mother to be supported for up to 3 years after giving birth. This provides support into the home where there may also be other children affected by FASD.

Service Pillar	Base Line	Target	Q1	Q2	Q3	Q4	Year End
P	6	8	7	7	7	7	8

SUPPORTS FOR INDIVIDUALS AND CAREGIVERS

The service category Supports for Individuals and Caregivers addresses the needs of individuals with FASD and their informal/unpaid support network. It does not include formal, paid caregivers. Programs and services in the community, aimed at enabling individuals affected by FASD to reach their potential, as well as supports and assistance to families and caregivers of individuals affected by FASD are included. Consideration is required to ensure supports for individuals and caregivers are inclusive of the needs of Aboriginal, cultural, and rural peoples.

Supports and services required for affected individuals and their families/caregivers include the following areas, but are not limited to the services listed: • Information • Service Coordination/Case Management • Supports for Daily Living • Rehabilitation/Behavioral Services • Opportunities for Meaningful Activities • Social Supports • Housing • Income Support

TRAINING AND EDUCATION

Training and education services consist of formal education, pre-service and in-service training programs, typically targeted at program/service providers (including health, medical and human services professionals) and/or community groups. It is particularly important that training and education services be culturally appropriate for Aboriginal and other populations.

STRATEGIC PLANNING

Strategic planning refers to the range of activities performed by government that are aimed at recommending priority areas for government policy and action.

RESEARCH AND EVALUATION

Research refers to basic scientific and applied research leading to increased understanding of FASD, its epidemiology (i.e., incidence and prevalence), leading practices in the prevention and treatment of FASD, and development of standards to guide the delivery of FASD clinical services and/or FASD programming.

STAKEHOLDER ENGAGEMENT

Stakeholder engagement refers to the sharing of information among the government, practitioners and the FASD client population to facilitate informed and balanced decisions regarding government priorities and actions. Engagement occurs among stakeholders at different levels of the system (e.g., between ministries and regional organizations) and stakeholders at the same level of the system (e.g., among regional organizations). Stakeholders will include provincial, federal and local governments, community organizations, research organizations and advocacy groups.

Financial Statement

SEAFAN Departmental Income Statement Unaudited Financial Statement

April 1, 2016- March 31, 2017

	ADMIN	BRIDGES First Steps	BRIDGES Diagnosis Brooks	BRIDGES Psych Assessment	REDI Adult Mentorship	McMan FASD Youth Mentor	Network Operations & Infrastructure	SPEC First Steps
REVENUE								
Operating Contract	\$15,000.00	\$89,809.00	\$173,047.74	\$76,100.00	\$205,165.04	\$97,759.32	\$125,886.04	\$76,508.52
Carry Forward Contract	-	-	-	-	-	-	-	-
TOTAL REVENUE	\$15,000.00	\$89,809.00	\$173,047.74	\$76,100.00	\$205,165.04	\$97,759.32	\$125,886.04	\$76,508.52
EXPENSE								
Advertising & Promotion	-	-	-	-	-	-	-	-
Coordinator Admin Salaries	-	-	-	-	-	-	-	-
Direct Client Staff	-	-	-	-	-	-	-	-
Other Expense	-	\$89,809.00	\$173,047.74	\$76,100.00	\$205,165.04	\$97,759.32	-	\$76,508.52
Professional Development Conference	-	-	-	-	-	-	-	-
Professional Fees	\$10,018.13	-	-	-	-	-	\$115,887	-
Bank Charges	\$12.50	-	-	-	-	-	-	-
Hosting Charge	-	-	-	-	-	-	-	-
Insurance	\$955.00	-	-	-	-	-	-	-
Office Expenses	\$201.91	-	-	-	-	-	-	-
Supplies And Materials	-	-	-	-	-	-	\$2,999.04	-
Travel And Entertainment	\$100.48	-	-	-	-	-	\$4,000.00	-
Workshop Presentation Costs	-	-	-	-	-	-	\$3,000.00	-
TOTAL EXPENSES	\$11,288.02	\$89,809.00	\$173,047.74	\$76,100.00	\$205,165.04	\$97,759.32	\$125,886.04	\$76,508.52
NET INCOME	\$3,711.98	-	-	-	-	-	-	-