

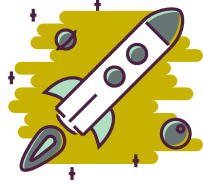


21/22

**FASD**  
■■■■■■■■■■  
South East Alberta  
Fetal Alcohol Network

# ANNUAL REPORT

JUNE 16, 2022 | MEDICINE HAT, AB



# What We Do

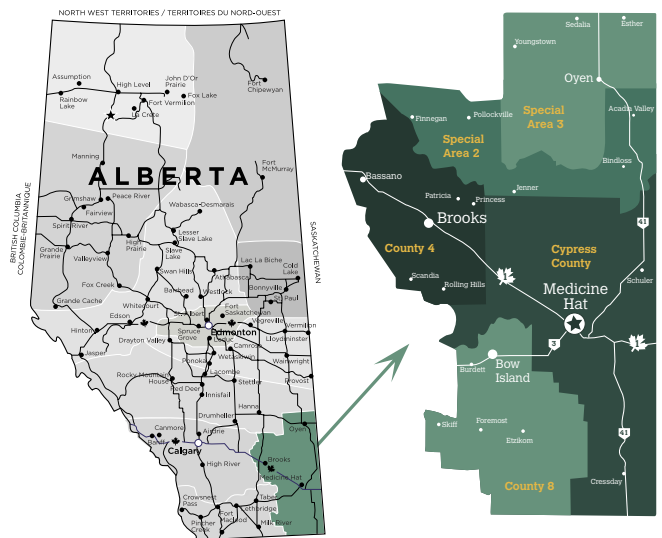
The South East Alberta FASD Network Society (SEAFAN) is one of 12 Government of Alberta, Community and Social Services, funded networks in Alberta started in 2008.

SEAFAN covers an area of 43,504 square kilometers with a population of over 111,107 residents. The Network boundaries stretch from the Saskatchewan border to the U.S. border to just north of Oyen, and west to Burdett. Brooks and Medicine Hat are the two main urban centers.

Although the area reports a low First Nations and Métis population, it has a very large diverse multi-cultural base. Brooks alone reports over 100 spoken languages. Sub-culture groups such as Hutterites and Mexican Mennonites reside in areas surrounding Bow Island.

## POPULATION BASE & CATCHMENT AREA BREAKDOWN

Cypress County	7,214
Medicine Hat	63,018
Redcliff	5,588
County of Forty Mile (County 8)	3,336
Bow Island	2,025
Foremost	526
Newell County (County 4)	6,786
Brooks	14,185
Bassano	1,282
Acadia District (M.D. 34)	495
Empress	188
Special Areas 2, 3, 4	4,499
Oyen	973
Duchess	992



TOTAL POPULATION BASE

# 111,107





# Message From The Co-Chairs

We are both so pleased to be able to meet again today after a couple of challenging years working through the COVID-19 pandemic.

We would like to thank SEAFAN's service providers, community partners, members, caregivers, interested stakeholders, clients and families impacted by FASD, our fellow board members and the SEAFAN coordinator and staff for the hard work that they have done. Our service providers proved how resilient and innovative they were throughout the pandemic, and we are pleased to see many successes this past year in the face of many challenges.

We would also like to acknowledge last year's funding of **\$1,188,789** from the Government of Alberta's Ministry of Community and Social Services under Minister Jason Luan. We have every confidence that the 3-year funding cycle which ends in 2023 will be renewed for the next 3 years.

In 2021-22, SEAFAN service providers supported **301** unique clients, an increase from 246 last year.

SEAFAN Prevention Conversation coordinators reached **3,519** members of our community with both the Prevention Conversation and FASD training. This total was made up of 451 professionals, 31 post secondary students, 900 youth, and 2,137 of the public/mixed audiences.

Highlights of the past year include the implementation of the WRAP 2.0 program, special presentation by Dr. Nancy Poole on gender inclusion, the FASD Day community barbeque, the implementation of a temporary pandemic policy, and the innovation and success of programs in the face of the pandemic.

Nearly 3 years ago, we were fortunate to have Karen Blewitt, Community Development Officer, Alberta Culture, Multiculturalism and Status of Women facilitate our Strategic Planning Day. Now that we are nearly the end of the 3-year grant funding cycle, we will have Karen again facilitate our strategic planning on November 1st so we can see where we have come and how to move forward for the next three years.

As board co-chairs, over the past two years, we were sad to see Holly Stadnicki, Justin Boodhoo and Hugh Lehr step down as directors but happy to welcome new directors, Tracy Hensel and Robert Chesney. We would like to recognize all our board members and thank them for all that they do for the network:

Marlene Cadotte, Co-Chair  
Jennifer McBride, Co-Chair  
Lionell Brideson, Director  
Christy Donnelly, Director  
Tracy Hensel, Director  
Robert Chesney, Director

We are pleased with the commitment and innovation we have seen this year and look forward to another successful year promoting prevention and education to the broader community and delivering services and support to the people who are impacted by FASD every day.

*Marlene & Jennifer*

Marlene Cadotte, Co-Chair  
Jennifer McBride, Co-Chair



# Our Service Providers

## COLLABORATION & RESILIENCE



**BRIDGES**  
FAMILY PROGRAMS

### FASS – DIAGNOSTIC ASSESSMENT AND CONSULTATION

The **FASD Assessment and Support Services Clinic Coordinator/Consultant** leads the collaborative process and brings together professional knowledge and expertise to focus on the particular needs of those with neurobehavioral disorders like FASD and coordinates all components of assessments – psychological, speech-language pathology, occupational therapy, and the physician together with input from stakeholders and provides consultation services to individuals and families.

**26** *child assessments  
(2 from surplus)*

**5** adults assessments

**235** unique individuals utilized consulting services



**BRIDGES**  
FAMILY PROGRAMS



### FIRST STEPS (PCAP)

The PCAP (Parent Child Assistance Program) Model used successfully in other Alberta communities has been implemented and will be maintained to support women and gender diverse people who:

- 1) are pregnant or up to 12 months postnatal (and/or has a child with FASD);
- 2) are experiencing issues with alcohol and/or drug use;
- 3) lack connections to community supports and resources.

### BRIDGES

**14** participants enrolled

### SPEC

**7** participants enrolled

**4** on waitlist

# REDI ADULT MENTORSHIP

REDI Enterprises provides adult FASD support, mentorship, and advocacy. With increased caseloads, REDI organizes group work and Caregiver Support groups to enhance natural supports.

**25** clients  
**10** caregivers  
**18** waitlist (12-24months)



## McMan YOUTH TO ADULT TRANSITION

Youth Mentor/Adult Transition - Provides support for youth and young adults who are either diagnosed or may have FASD. The FASD Mentor helps individuals navigate through youth and adult systems, funding, and services.

**19** total clients  
**5** adults  
**14** youth  
**7** waitlist



## WRAP 2.0 FASD COACHING PARTNERSHIP PROJECT NICOLE NETELENBOS

An FASD Instructional Coach is a frontline community worker who is knowledgeable about FASD, inclusive education and is skilled at facilitating teacher collaboration and sharing FASD-informed practices. The FASD Instructional Coach facilitates ongoing professional development for teachers and education staff and models and supports the use of FASD-informed instructional practices with educators, contributing to the school authority and provincial goals for student success and meeting the diverse learning needs of students with FASD.



## LET'S TALK ADULT PREVENTION CONVERSATION : ROD DEVRIES



The Prevention Facilitator increases awareness and prevention of FASD in South East Alberta, through participation in The Prevention Conversation: A Shared Responsibility Project. Through various presentations, workshops, training opportunities, conversations and the use of social media engaging health and social service providers, women & gender diverse people 18-45 years old, and their partners, and community individuals, the Prevention Facilitator increases FASD awareness and prevention across the region.

SEAFAN Prevention Conversation coordinators reached 3,519 members of our community with both the Prevention Conversation and FASD training. This total was made up of 451 professionals, 31 post secondary students, 900 youth, and 2,137 of the public/mixed audiences.

## LET'S GET REAL ADOLESCENT PREVENTION CONVERSATION: TENILLE RIECHELMANN & BE YOUTH



The Adolescent Prevention Facilitator increases awareness and prevention of FASD in South East Alberta, through participation in The Prevention Conversation: A Shared Responsibility Project.

Through various presentations, workshops, training opportunities, conversations and the use of social media engaging health and social service providers, educators, and community agencies, the Adolescent Prevention Facilitator increases FASD awareness and prevention across South East Alberta within the adolescent population, specifically those 12-17 years old.

### LET'S TALK & LET'S GET REAL : FOUR YEAR TREND

	2018-2019	2019-2020	2020-2021	2021-2022	TREND
<b>Number of training sessions</b>	17	29	6	24	■ ■ _ ■
<b>Number of trainees</b>					
Total	533	475	95	446	~
Professional	100	98	1	108	~
Post-secondary students	16	16	0	15	~
Youth	375	361	94	323	~
Public/mixed audiences	42	0	0	0	~
<b>% training sessions (Let's Talk)</b>	29%	24%	0%	63%	~
<b>% training sessions (Let's Get Real)</b>	100%	69%	100%	63%	~
<b>Number of training sessions reaching Indigenous audiences</b>	1	0	0	0	~

# Our Results

## ON-LINE REPORTING SYSTEM (ORS) DATA UPDATE

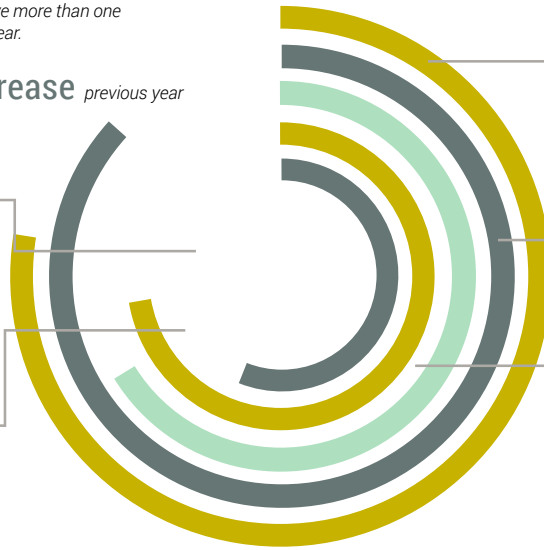
Fiscal Year Reporting 2021-2022

**301** Unique client count\*  
\* a client can receive more than one service in a fiscal year.

**246** Increase *previous year*

**65** Assessment and Diagnosis  
(47 *previous year*)

**11** Level 3 Prevention (PCAP)  
Supports throughout pregnancy  
(7 *previous year*)



**20** Supports for Individuals

**83** Supports for Caregivers

**21** Level 4 Prevention (PCAP)  
Post-partum supports

In 2021-2022, SEAFAN service providers supported **301** unique clients, an increase from **246** from the previous year. As consistent over the past three years, SEAFAN provides more services to women than men, due to the two PCAP programs. More data is provided below from the Online Reporting System.

### UNIQUE CLIENT COUNT BY AGE RANGE

0-5	7
6-12	57
13-17	48
18-24	37
25-42	146
65+	6

### UNIQUE CLIENT COUNT BY GENDER

183	Female
118	Male

### UNIQUE CLIENT COUNT BY LOCATION

54	Rural (46 <i>previous year</i> )
247	Urban (200 <i>previous year</i> )

### UNIQUE CLIENT & CAREGIVER SUPPORT COUNTS BY RACIAL ORIGIN

(based on how they self identify)

43	First Nations (41 <i>previous year</i> )
1	Inuit ( <i>not tracked previous year</i> )
18	Metis (10 <i>previous year</i> )
4	Immigrant/Refugee > 3 yrs in Canada (3 <i>previous year</i> )
238	All others (191 <i>previous year</i> )

### TOP 5 CLIENT PRESENTING ISSUES IN THE FISCAL YEAR:

1. Adaptive Abilities/Life Skills Supports	182
(156 <i>previous year</i> ) (191 <i>two years ago</i> )	
2. Mental Health Supports	180
(157 <i>previous year</i> ) (178 <i>two years ago</i> )	
3. Social Skills Development	168
(152 <i>previous year</i> ) (180 <i>two years ago</i> )	
4. Health Supports	142
(125 <i>previous year</i> ) (127 <i>two years ago</i> )	
5. Behavioral Supports	131
(114 <i>previous year</i> ) (147 <i>two years ago</i> )	

The same top 5 presenting issues have appeared over the past 3 years. As the number of clients has increased over the year by 55 unique individuals, so has the number of presenting issues in each of these 5 categories. We believe that COVID has negatively impacted the clients creating more issues for each of them.

# Financial Statement

## SOUTH EAST ALBERTA FASD NETWORK SOCIETY: AUDITED SCHEDULE OF REVENUE AND EXPENSES April 1, 2021 - March 31, 2022



REVENUE	2022	2021	2020	2019
<b>Ministry of Community and Social Services:</b>				
Operational funds	\$1,188,789	\$1,102,416	\$945,976	\$945,976
Previous Year Grant Surplus	\$9,092			
<b>TOTAL REVENUE</b>	<b>\$1,197,881</b>	\$1,102,416	\$945,976	\$945,976

### EXPENSES

#### FASD Service Delivery:

Bridges Family Programs Assoc. of Southeastern Alberta	\$456,593	\$456,593	\$338,956	\$338,956
REDI Enterprises	\$210,814	\$210,814	\$205,165	\$205,165
McMan Youth, Family and Community Services	\$103,408	\$103,408	\$97,759	\$97,759
SPEC (PCAP)	\$82,158	\$82,158	\$76,509	\$76,509
Prevention Conversation Program	\$84,166	\$83,612	\$80,000	\$80,000
WRaP 2.0	\$86,373	–	–	–

#### FASD Service Network Coordination and Administration:

FASD Network Coordination and Operations	\$137,085.80	\$137,085.80	\$125,887	\$125,887
Prevention Conversation Resources	\$892.00	\$4653.00	\$6,700	\$6,700
Professional Services, Insurance, Bank Charges	\$24,100.00	\$15,000.00	\$15,000	\$15,000
<b>TOTAL EXPENSES</b>	<b>\$1,185,589.80</b>	\$1,093,323.80	\$945,976	\$945,976
<b>REVENUE OVER EXPENSES</b>	<b>\$12,291.20</b>	\$9,092.20	–	–



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