



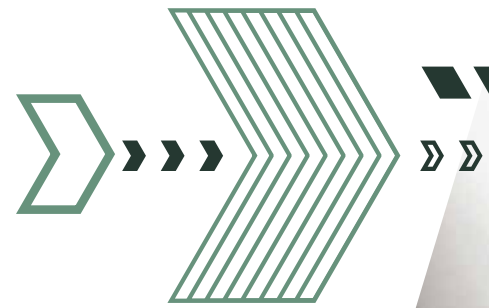
ANNUAL REPORT

22/
23

MEDICINE HAT, AB

Land Acknowledgment

The South East Alberta FASD Network honors and acknowledges that we are situated on Treaty 7 and Treaty 4 territory, traditional lands of the Siksika (Blackfoot), Kainai (blood), Pikani (Peigan), Stoney- Nakoda, and Tsuut'ina (Sarcee) as well as the Cree, Sioux and the Saulteaux bands of the Ojibwa peoples. We also acknowledge that we are on the Métis Nation within Region 3.



Message From The Co-Chairs



On behalf of the board of directors of the Southeast Alberta Fetal Alcohol Network, we would like to thank SEAFAN's service providers, community partners, members, caregivers, interested stakeholders, clients and families impacted by FASD, our fellow board members and the SEAFAN coordinator and staff for the hard work that was done this past year. Our client numbers and the number of services provided have increased, even though our base funding did not increase. This demonstrates the efficient work of the network. You all focused on how to do your jobs more efficiently and we can see the results.

We would also like to acknowledge last year's funding from the Government of Alberta's Ministry of Community and Social Services under Minister Jason Luan and Jeremy Nixon. We are pleased that the 3-year strategic and operational funding cycle was renewed demonstrating the confidence the government has in our program. We were also pleased that increased funding was provided for the network for the 2023-2026 funding cycle to be used for wage and program enhancements. Our existing programs will see some expansion plus the new SEAFAN Regional FASD Support Program operating out of Brooks.

We are pleased with the commitment and innovation we have seen from everyone involved with SEAFAN this year and we look forward to another successful year promoting prevention and education to the broader community and delivering services and support to the people who are impacted by FASD every day.

Jennifer & Lionel

Jennifer McBride, Co-Chair
Lionel Brideson, Co-chair

Our Board

- **Jennifer McBride**, Co-Chair
(McMan Community Services)
- **Lionel Brideson**, Co-Chair
(Retired educator)
- **Tracy Hensel**, Director
(Medicine Hat Pubic School District # 76)
- **Robert Chesney**, Director
(Canadian Mental Health)
- **Celina Symmonds**, Director
(Medicine Hat Family Service)
- Available Board Position





What We Do

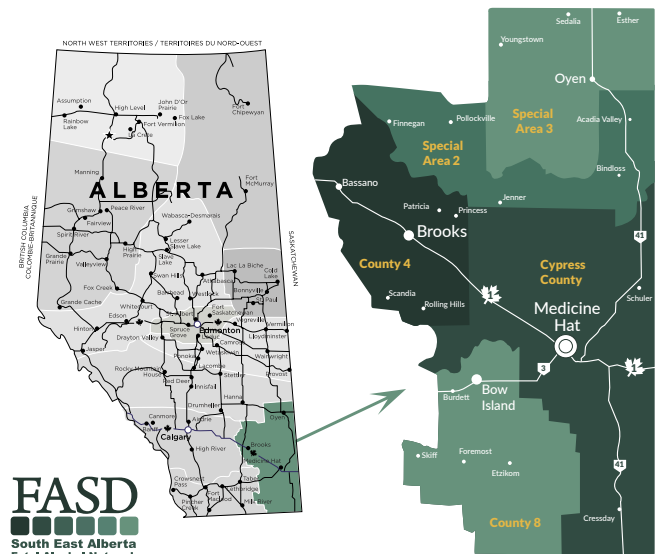
The South East Alberta FASD Network Society (SEAFAN) is one of 12 Government of Alberta, Community and Social Services, funded networks in Alberta started in 2008.

SEAFAN covers an area of 43,504 square kilometers with a population of over 111,107 residents. The network boundaries stretch from the Saskatchewan border to the U.S. border to just north of Oyen, and west to Burdett. Brooks and Medicine hat are the tow main urban centers.

Although the area reports a low First Nations and Metis population, it has a very large diverse multi-cultural base. Brooks alone reports over 100 spoken languages. Subculture groups such as Hutterites and Mexican Mennonites reside in areas surrounding Bow Island and Vauxhall.

POPULATION BASE & CATCHMENT AREA BREAKDOWN

Cypress County	7,214
Medicine Hat	63,018
Redcliff	5,588
County of Forty Mile (County 8)	3,336
Bow Island	2,025
Foremost	526
Newell County (County 4)	6,786
Brooks	14,185
Bassano	1,282
Acadia District (M.D. 34)	495
Empress	188
Special Areas 2, 3, 4	4,499
Oyen	973
Duchess	992



FASD
South East Alberta
Fetal Alcohol Network

TOTAL POPULATION BASE

111,107

Our Service Providers



BRIDGES
FAMILY PROGRAMS

FASS – DIAGNOSTIC ASSESSMENT AND CONSULTATION

The **FASD Assessment and Support Services Clinic Coordinator/Consultant** leads the collaborative process and brings together professional knowledge and expertise to focus on the particular needs of those with neurobehavioral disorders like FASD and coordinates all components of assessments – psychological, speech-language pathology, occupational therapy, and the physician together with input from stakeholders and provides consultation services to individuals and families.

Many families appear to see the benefits in FASD screening / assessment once they have experienced it themselves. Often after clinic, they make referrals for the loved ones in their family and friends to go through same process / get support through FASS.

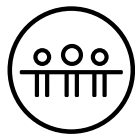
24 child assessments.
+ 2 2 extra completed under surplus funding from external source received.

5 adult assessments

199 unique individuals utilized consultation services

Waitlist

Child 56 | Adult 38 | Child Consult 5



BRIDGES
FAMILY PROGRAMS



FIRST STEPS (PCAP)

The PCAP (Parent Child Assistance Program) Model used successfully in other Alberta communities has been implemented and will be maintained to support women and gender diverse people who:

- 1) are pregnant or up to 12 months postnatal (and/or has a child with FASD);
- 2) are experiencing issues with alcohol and/or drug use;
- 3) lack connections to community supports and resources.

BRIDGES:

*"This program is very helpful to me. My worker has been my rock."
"[Advocate] believed in me when I did not."*

SPEC: The program has seen an increase in referrals and intakes this year. Client participation has also increased.

BRIDGES

12 participants enrolled
8 unique children
3 graduated
2 waitlist (difficult to maintain due to the nature of the program)

SPEC

10 women in the program
3 graduated
100% prevention. No births this year.
4 waitlist (difficult to maintain due to the nature of the program)



ADULT MENTORSHIP

REDI Enterprises provides adult FASD support, mentorship, and advocacy. With increased caseloads, REDI organizes group work and Caregiver Support groups to enhance natural supports.

Clients and staff are enjoying being able to connect again and work on skill building. Overall, clients have been resilient and were able to build the skills to be more independent over the period of the pandemic, which has transformed into more confidence and better self esteem.

25	individuals on caseload
12	caregivers
15	waitlist (12-24months)



McMan

YOUTH TO ADULT TRANSITION

Youth Mentor/Adult Transition - Provides support for youth and young adults who are either diagnosed or may have FASD. The FASD Mentor helps individuals navigate through youth and adult systems, funding, and services.

The Youth Mentor has exceeded the target caseload. The FASD program accomplished this through critically analyzing the waitlist and determining how best to serve the most participants.

19	individuals. 10 Adult / 9 Youth (target caseload 15)
4	waitlist



WRAP 2.0 FASD COACHING PARTNERSHIP PROJECT SARAH BRUMLEY

An FASD Instructional Coach is a frontline community worker who is knowledgeable about FASD, inclusive education and is skilled at facilitating teacher collaboration and sharing FASD-informed practices. The FASD Instructional Coach facilitates ongoing professional development for teachers and education staff and models and supports the use of FASD-informed instructional practices with educators, contributing to the school authority and provincial goals for student success and meeting the diverse learning needs of students with FASD.



LET'S TALK: ADULT PREVENTION CONVERSATION, ROD DEVRIES
(18-45 years old)



LET'S GET REAL: ADOLESCENT PREVENTION CONVERSATION, KORIE SEIBEL
(12-17 years old)

Through various presentations, workshops, training opportunities, conversations and the use of social media the Prevention Facilitator increases FASD awareness and prevention across the region.

COMMUNITY DEVELOPMENT

A year to date total of **2,142** people were reached through **77 community development events**.

Trainings

- 877** people were trained over 50 training sessions
- 157** professionals
- 25** post-secondary students
- 688** youth
- 75%** of those trained felt they had an increase in knowledge and understanding and felt confident to discuss alcohol use and sex with adolescents and intervene if needed.

SEAFAN Strategic Direction 2023-2026

STRATEGY 1 ADVOCACY/GOVERNMENT BUY-IN	STRATEGY 2 SUPPORTS	STRATEGY 3 EDUCATION/PREVENTION
<p>Go-To Model FASD Model is looked at as to the go-to model (strength/success) Grassroots is best for solving community issues</p> <p>Funding and Advocacy</p> <p>Advocacy for More Funding Emphasize ROI of improving life skills of all those with supported FASD to divert from criminal justice, mental health systems, and reduce transition to S U D</p>	<p>Transition Collaboration</p> <p>Expand Service in Generalist/Outreach Model to provide interim/limited support to expand overall service</p> <p>Enable Joint/Collaborative Service Model with similar common service models in all agencies</p> <p>Neurodevelopmental Assessments funding for not connected to prenatal exposure for adults do not have ability to get confirmation</p> <p>More Support</p> <ul style="list-style-type: none"> • Rural communities • School staff awareness of community services • Supportive housing and housing in general (Hub and Spoke) • FASD specific mental health and addiction services 	<p>Education Public/community, government (politicians, Ministries, staff), youth, adults</p> <p>Marketing and Prevention</p> <ul style="list-style-type: none"> • Mandatory FASD materials throughout education curriculum • Bars and liquor stores • Stable housing and physician recruitment



Our Results

ON-LINE REPORTING SYSTEM (ORS) DATA UPDATE

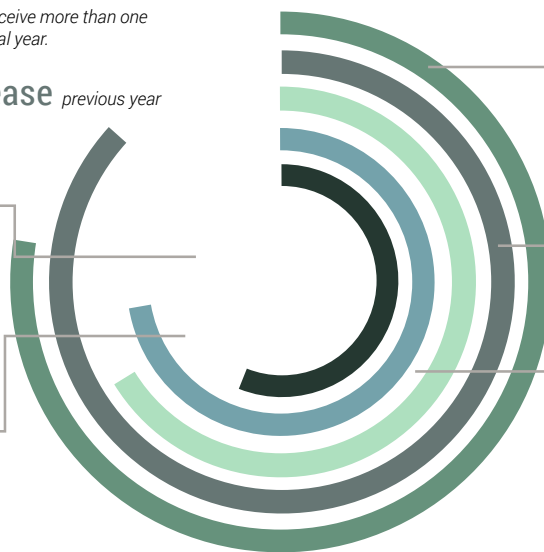
Fiscal Year Reporting 2022-2023

270 Unique client count*
* a client can receive more than one service in a fiscal year.

↓ **31** decrease previous year

58
 Assessment and Diagnosis

8
 Level 3 Prevention (PCAP)
 Supports throughout pregnancy



170
 Supports for Individuals

↑ **150** increase previous year

73
 Supports for Caregivers

18
 Level 4 Prevention (PCAP)
 Post-partum supports

UNIQUE CLIENT COUNT BY GENDER

157 Female
 113 Male

UNIQUE CLIENT COUNT BY LOCATION

46 Rural (54 previous year)
 225 Urban (247 previous year)

UNIQUE CLIENT & CAREGIVER SUPPORT COUNTS BY RACIAL ORIGIN

(based on how they self identify)

38 First Nations (43 previous year)
 14 Metis (18 previous year)
 2 Immigrant/Refugee > 3 yrs in Canada (3 previous year)
 218 All others (238 previous year)

UNIQUE CLIENT COUNT BY AGE RANGE

0-5 10
 6-12 42
 13-17 50
 18-24 37
 25-42 125
 65+ 6

TOP 5 CLIENT PRESENTING ISSUES IN THE FISCAL YEAR:

1. Adaptive Abilities/Life Skills Supports 165
(182 previous year) (156 two years ago)
2. Mental Health Supports 156
(180 previous year) (157 two years ago)
3. Social Skills Development 147
(168 previous year) (152 two years ago)
4. Educational Supports 114
5. Behavioral Supports 111
(131 previous year) (114 two years ago)

The same top 3 presenting issues have appeared over the past 3 years. Educational Supports is new to the top 5 presenting issues.

Financial Statement

**SOUTH EAST ALBERTA FASD NETWORK SOCIETY:
AUDITED SCHEDULE OF REVENUE AND EXPENSES**
April 1, 2022 - March 31, 2023



REVENUE

2023

2022

Ministry of Community and Social Services:

Current Year Operational Funds	\$1,244,408	\$1,188,789
Previous Year Grant Surplus	\$12,291	\$9,092
Other Revenue	\$50,593	
TOTAL REVENUE	\$1,307,292	\$1,197,881

EXPENSES

FASD Service Delivery:

Program Disbursements	\$1,252,526	\$1,159,654
Advertising	\$21,593	\$8,453
Professional Fees	\$13,312	\$13,671
Office & Supplies	\$10,540	\$688
Training, Education, & Workshops	\$6,962	–
Insurance	\$1,265	\$765
Bank Charges	\$619	\$599
Travel	\$475	\$185
Office & Supplies	–	\$1,575
TOTAL EXPENSES	\$1,307,292	\$1,185,590
EXCESS OF REVENUE OVER EXPENSES	–	\$12,291
TRANSFER TO UNEXPECTED SURPLUS	–	(\$12,291)



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